

Correcting the Bite and the Midface

How do we correct a retruded cleft midface and an underbite once a child has nearly finished growing?

CARRY FORWARD

Cleft-related midface undergrowth can reflect both underlying anatomy and treatment history, so scar alone should not be treated as a proven single cause.

10-YEAR TAKEAWAY

Severe maxillary retrusion may require moving the upper jaw, but the choice between methods depends on severity, growth, stability, burden, airway, and speech.

Cells differentiate	Development sculpts	Cells move	Development can go wrong
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1. Observe the analogy before naming the biology

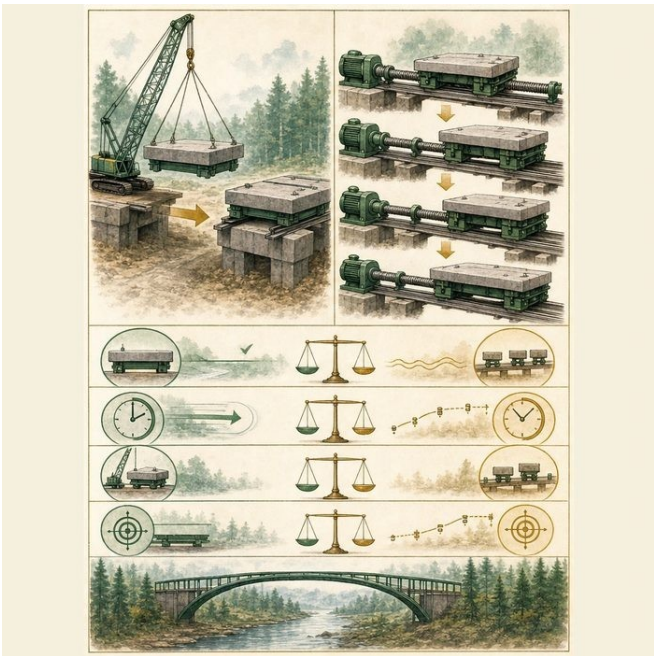


Illustration: Reposition a heavy platform in one move or advance it in small steps

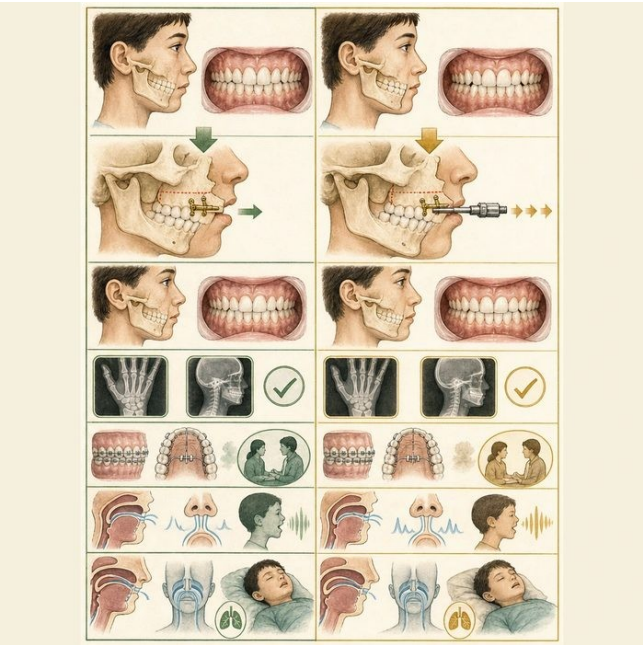
- 1. Which method completes movement at once?
- 2. Which method spreads change over time?
- 3. What tradeoffs must be compared besides distance?

2. Turn observations into rules

- 1. Rule 1: Match method to severity and growth status. Explain it in your own words.
- 2. Rule 2: Compare stability and patient burden. Explain it in your own words.
- 3. Rule 3: Recheck airway and velopharyngeal speech before and after movement. Explain it in your own words.

Where the analogy stops: Jaw surgery changes living bone and soft tissue and requires individualized planning, not generic platform mechanics.

3. Map the rules onto the biomedical example



Biomedical teaching illustration: Compare Le Fort I advancement with distraction

Analogy step	Biology step	How the relationship stays the same
Single crane move	Conventional Le Fort I advancement	_____
Small repeated steps	Distraction osteogenesis	_____
Platform alignment	Occlusion and midface position	_____

4. Use the case evidence

ID	Finding supplied in the case	Why it matters
ANA16-E1	Mateo's adolescent records show a significant anterior crossbite and maxillary retrusion not corrected by orthodontics alone.	A skeletal correction is a reasonable team discussion.
ANA16-E2	He is near skeletal maturity in the composite scenario.	Definitive jaw positioning can be considered after growth assessment.
ANA16-E3	Advancing the maxilla can change velopharyngeal relationships and hypernasality risk; comparative evidence does not establish one best method for every cleft patient.	Speech, airway, stability, and burden belong in method selection.

5. Make the clinical decision

You are the craniofacial surgery conference chair. Mateo needs a 7 mm maxillary advancement, has stable airway testing, and has a history of repaired VPI that is currently controlled.

- A. Compare conventional advancement and distraction with orthodontic, speech, and airway input.
- B. Choose a method from distance alone and skip speech assessment.
- C. Perform definitive surgery before checking growth status.

Decision. Choose the conference process and cite skeletal plus speech-risk evidence.

Claim ceiling: You may identify decision variables. You may not select a real operation without full imaging, examination, and shared decision-making.

Claim. State the choice you can defend.

Evidence. Use these labeled IDs: ANA16-E1 + ANA16-E2.

Reasoning. Explain why the evidence supports the claim and stays inside the claim ceiling.

6. Reduce the lesson to one lasting idea

Take-home. Severe maxillary retrusion may require moving the upper jaw, but the choice between methods depends on severity, growth, stability, burden, airway, and speech.

- 1. How does distraction differ from conventional advancement?
- 2. Why should speech be checked before jaw surgery?

Glossary

Term	Plain-English definition
orthognathic surgery	Surgery that repositions the upper or lower jaw bones to correct alignment of the bite and the face.
Le Fort I osteotomy	A surgery that cuts the upper jaw horizontally above the teeth so it can be moved into a better position and fixed in place.
distraction osteogenesis	A surgical technique that slowly pulls two cut bone ends apart a little each day so new bone grows to fill the widening gap.
Class III malocclusion	A bite where the lower teeth and jaw sit too far forward of the upper teeth, often seen when the midface is underdeveloped.
skeletal maturity	How fully the bones have grown and hardened, used to decide when jaw growth is finished enough for certain surgeries.

Next lesson unlock

We answered how the bite and midface are corrected. But the nose sits on that midface, and even after the jaw moves forward, Mateo's nose is still asymmetric and partly blocked. How is the cleft nose itself affected, and how is it repaired? We chase that next time.

The journal links on the lesson page are optional. Everything required for this guided-notes set is already supplied here and in the case file.