

2027-01-19 · 80 minutes

Wk1 Exit ticket: Welcome, expectations, and how this class works

Your goal: Build a routine that helps you start Human Body Systems work and ask for help when you need it.

One product: Wk1 Exit ticket: Welcome, expectations, and how this class works

Question: How can you begin HBS work when something you need is missing?

Start the work

No prior lesson required.

1. Read the course routine and word guide.
2. Practice the missing-notebook decision. Use the routine to explain your choice aloud or to yourself.
3. Write the three exit-ticket responses.
4. Use the checklist and your section link to submit. If access fails, keep your work and report the barrier.

If the assignment or upload will not open, keep your paper or saved file. Tell Mr. Mendoza the lesson title and what is blocked.

Words you will use

routine

A set of steps you repeat.

structure

A body part and its form.

function

The job a body part does.

mastery

Showing what you know and can do.

Read first

Human Body Systems asks how body parts work together. A structure is a body part and its form. A function is the job it does. We will use records and models to connect the two.

A routine is a set of steps you repeat. Use this entry routine: enter on time, get your materials, find the day's target, put your phone away, and begin. Be prepared, respectful, and on task. If materials are missing, tell the teacher and begin on plain paper.

Mastery means showing what you know and can do. Turning in a page gives the teacher something to check. The work on that page must still show the skill. Ask the teacher about the current rules for late work and another chance to show a skill. This sheet does not set those rules.

A learning goal names a skill you want to improve and an action you can repeat. Example: I want to explain body-system connections. I will add a labeled sketch to my notes.

Practice the missing-notebook decision

This is an invented classroom situation. Your notebook is at home. Paper and the directions on this page are available.

Compare the three actions in the decision discussion. Use the supplied routine to decide which action lets you start. This is practice, not another submission.

Try the decision

Your notebook is at home. The supplied routine says to get paper, tell the teacher, and begin the goal. Which plan follows that routine?

- Ask for paper, tell the teacher, and begin writing your own goal.
- Copy a finished goal from another person because your notebook is at home.
- Wait until tomorrow to start the goal without telling the teacher about your missing notebook.

Explain your choice using the reading. Discuss it or say it to yourself. This practice does not add another submission.

Your 80-minute flow

0–8 minutes	Read the goal and share one learning habit, or write it privately.
8–20 minutes	Read how HBS connects structure and function.
20–40 minutes	Rehearse the entry routine and missing-notebook choice.
40–60 minutes	Read the mastery definition and write any policy question for the teacher.
60–75 minutes	Write your goal, expectation, and question.
75–80 minutes	Check your exit ticket and submit or retain it.

Your response record

Use these labels on paper or in your document. The space below also works when this page is printed.

My semester goal

Name an HBS skill you want to improve and an action you can repeat.

Use the reading and example above. Write in your own words.

Use this space or the same labeled section in your existing document. Add paper when your table, graph or drawing needs more room.

One classroom expectation

State one expectation in your own words.

Use the reading and example above. Write in your own words.

Use this space or the same labeled section in your existing document. Add paper when your table, graph or drawing needs more room.



One question I still have

Ask a question about the course or the work.

Use the reading and example above. Write in your own words.

Use this space or the same labeled section in your existing document. Add paper when your table, graph or drawing needs more room.



Check your product

- My goal names a skill and a repeatable action.
- My expectation matches the supplied routine.
- My question is about the course or the work.

Keep the limit: Using a routine cannot prove future mastery. Ask the teacher for grading and retake rules.

Turn in your work

Use your HBS section link below. Save your work as one readable PDF. Open the uploaded preview and check every response.

If the assignment or upload will not open, keep your paper or saved file. Tell Mr. Mendoza the lesson title and what is blocked.

[Section 1292: Wk1 Exit ticket: Welcome, expectations, and how this class works](#)

[Section 6792: Wk1 Exit ticket: Welcome, expectations, and how this class works](#)

Carry forward

A clear routine gives you a starting point.

Find the starting point on the daily page. How will you locate the first action on a daily lesson page?

Sources and resources

[Open today's page](#)