

# Cornell Guided Notes

Human Anatomy & Physiology (Human Body Systems) | 2027-04-22

Name

Period

Date

Lesson

## Lesson focus

Submit tracker and evidence

## Key words and questions

## Prepared details and student notes

**Essential question**  
**What is today's target?**

Students will submit their cardiopulmonary evidence and update the unit tracker. Big idea: A complete cardio evidence portfolio demonstrates understanding from anatomy through clinical data interpretation.

**My notes, examples, and questions**

**Key words**  
**What vocabulary unlocks the lesson?**

- artery
- vein
- capillary
- atrium
- ventricle
- EKG
- cardiac cycle
- pulse

**My notes, examples, and questions**

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## Cornell Notes - Continued

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**Must-know ideas**  
**What should I understand by the end?**

- A complete cardio portfolio spans from structural knowledge (diagram) through functional data (EKG/BP) to analysis (CER).
- Tracking your own progress builds metacognitive awareness of where additional study is needed before the WebXam.
- The reflection habit mirrors clinical documentation: always record what you learned and what needs follow-up.

**My notes, examples, and questions**

**Process notes**  
**What happens during class?**

- 0-10: Retrieve all week's artifacts: blood-path diagram, EKG trace, CER
- 10-28: Self-check each artifact against the rubric checklist
- 28-45: Fill any gaps and upload complete evidence package to Schoology
- 45-58: Update progress tracker with completion status for each item
- 58-70: Write reflection: one concept that clicked, one to revisit
- 70-80: Peer confirmation: partner reviews tracker and initials

**My notes, examples, and questions**

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#### Steps and evidence What do I do and turn in?

- Compile your blood-path notes, EKG trace, and CER.
- Check each artifact against the rubric.
- Upload all evidence to the submission folder.
- Update the progress tracker.
- Reflect on one concept that clicked this week.

Evidence: Tracker entry - Completed weekly progress tracker showing submission status for the blood-path diagram, EKG trace, and CER, plus a written reflection naming one mastered concept and one to revisit.

#### My notes, examples, and questions

#### Checks for understanding How do I know I got it?

- All artifacts are submitted and tracker updated.
- Reflection names one mastered concept and one to revisit.

#### My notes, examples, and questions

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**Lab or safety notes**  
**What must I handle carefully?**

Supplies:

- Heart model or detailed heart diagram
- EKG sensor or printed EKG strips
- Stethoscope
- Stopwatch for pulse counting
- Colored markers for oxygenated and deoxygenated blood
- Lab notebook

**My notes, examples, and questions**

### Summary

Today's lesson focused on Submit tracker and evidence. The main target was: Students will submit their cardiopulmonary evidence and update the unit tracker. The evidence of learning is Tracker entry: Completed weekly progress tracker showing submission status for the blood-path diagram, EKG trace, and CER, plus a written reflection naming one mastered concept and one to revisit.. In my own words, the most important idea from today is:

**My summary**

### My final question or connection