

# Cornell Guided Notes

Human Anatomy & Physiology (Human Body Systems) | 2027-02-03

Name

Period

Date

Lesson

## Lesson focus

Bone cells and bone structure

## Key words and questions

## Prepared details and student notes

**Essential question**  
**What is today's target?**

Describe the major bone cells and contrast compact and spongy bone. Big idea: Bone is living tissue maintained by three specialized cell types; its two structural forms match the mechanical demands of their locations.

**My notes, examples, and questions**

**Key words**  
**What vocabulary unlocks the lesson?**

- osteoblast
- osteoclast
- compact bone
- spongy bone
- fracture
- joint
- ligament

**My notes, examples, and questions**

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## Cornell Notes - Continued

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#### Must-know ideas

What should I understand by the end?

- Osteoblasts build bone matrix, osteocytes maintain it, and osteoclasts resorb it. All three are required for healthy remodeling.
- Compact bone contains osteons (Haversian systems) and bears compressive load; spongy bone contains trabeculae and is found at bone ends.
- Disease processes such as osteoporosis result from an imbalance between osteoblast and osteoclast activity.

#### My notes, examples, and questions

#### Process notes

What happens during class?

- 0-8: Intro: bone as living connective tissue
- 8-25: Notes: three bone cells and their functions
- 25-45: PLTW online task: bone tissue structure
- 45-62: Build two-column chart: compact vs spongy bone
- 62-75: Write explanation of spongy bone location and structural advantage
- 75-80: Submit chart; preview Wednesday fracture lab

#### My notes, examples, and questions

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#### Steps and evidence What do I do and turn in?

- Read the notes on osteoblasts, osteocytes, and osteoclasts and their jobs.
- Compare compact bone (osteons) with spongy bone (trabeculae) in a two-column chart.
- Complete the PLTW online task on bone tissue structure.
- Explain where spongy bone is found and why its structure suits that location.
- Submit your bone-cell roles chart and compact-vs-spongy comparison.

Evidence: Vocabulary task - Bone-cell roles summary (osteoblast/osteocyte/osteoclast) plus two-column compact-vs-spongy bone comparison chart.

#### My notes, examples, and questions

#### Checks for understanding How do I know I got it?

- You can match each bone cell to its function.
- You can contrast compact and spongy bone structure and location.

#### My notes, examples, and questions

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**Lab or safety notes**  
**What must I handle carefully?**

Supplies:

- Articulated skeleton or bone model
- Cross-section bone sample or image set
- Fracture radiograph image set
- Metric ruler
- Lab notebook
- Safety goggles

**My notes, examples, and questions**

### Summary

Today's lesson focused on Bone cells and bone structure. The main target was: Describe the major bone cells and contrast compact and spongy bone. The evidence of learning is Vocabulary task: Bone-cell roles summary (osteoblast/osteocyte/osteoclast) plus two-column compact-vs-spongy bone comparison chart.. In my own words, the most important idea from today is:

**My summary**

### My final question or connection