

Cornell Guided Notes

Human Anatomy & Physiology (Human Body Systems) | 2026-11-20

Name

Period

Date

Lesson

Lesson focus

Submit tracker and evidence

Key words and questions

Prepared details and student notes

Essential question
What is today's target?

Students will submit their cardiopulmonary evidence and update the unit tracker. Big idea: A complete cardio evidence portfolio demonstrates understanding from anatomy through clinical data interpretation.

My notes, examples, and questions

Key words
What vocabulary unlocks the lesson?

- artery
- vein
- capillary
- atrium
- ventricle
- EKG
- cardiac cycle
- pulse

My notes, examples, and questions

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Cornell Notes - Continued

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Must-know ideas
What should I understand by the end?

- A complete cardio portfolio spans from structural knowledge (diagram) through functional data (EKG/BP) to analysis (CER).
- Tracking your own progress builds metacognitive awareness of where additional study is needed before the WebXam.
- The reflection habit mirrors clinical documentation: always record what you learned and what needs follow-up.

My notes, examples, and questions

Process notes
What happens during class?

- 0-10: Retrieve all week's artifacts: blood-path diagram, EKG trace, CER
- 10-28: Self-check each artifact against the rubric checklist
- 28-45: Fill any gaps and upload complete evidence package to Schoology
- 45-58: Update progress tracker with completion status for each item
- 58-70: Write reflection: one concept that clicked, one to revisit
- 70-80: Peer confirmation: partner reviews tracker and initials

My notes, examples, and questions

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Steps and evidence What do I do and turn in?

- Compile your blood-path notes, EKG trace, and CER.
- Check each artifact against the rubric.
- Upload all evidence to the submission folder.
- Update the progress tracker.
- Reflect on one concept that clicked this week.

Evidence: Tracker entry - Completed weekly progress tracker showing submission status for the blood-path diagram, EKG trace, and CER, plus a written reflection naming one mastered concept and one to revisit.

My notes, examples, and questions

Checks for understanding How do I know I got it?

- All artifacts are submitted and tracker updated.
- Reflection names one mastered concept and one to revisit.

My notes, examples, and questions

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Lab or safety notes
What must I handle carefully?

Supplies:

- Heart model or detailed heart diagram
- EKG sensor or printed EKG strips
- Stethoscope
- Stopwatch for pulse counting
- Colored markers for oxygenated and deoxygenated blood
- Lab notebook

My notes, examples, and questions

Summary

Today's lesson focused on Submit tracker and evidence. The main target was: Students will submit their cardiopulmonary evidence and update the unit tracker. The evidence of learning is Tracker entry: Completed weekly progress tracker showing submission status for the blood-path diagram, EKG trace, and CER, plus a written reflection naming one mastered concept and one to revisit.. In my own words, the most important idea from today is:

My summary

My final question or connection