

Cornell Guided Notes

Human Anatomy & Physiology (Human Body Systems) | 2026-10-27

Name

Period

Date

Lesson

Lesson focus

Submit tracker and evidence

Key words and questions

Prepared details and student notes

Essential question
What is today's target?

Students will submit their endocrine evidence and update the progress tracker for the unit.
Big idea: Consistent documentation and self-assessment are professional habits that connect classroom learning to real clinical practice.

My notes, examples, and questions

Key words
What vocabulary unlocks the lesson?

- hormone
- endocrine gland
- feedback loop
- insulin
- glucagon
- homeostasis

My notes, examples, and questions

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Cornell Notes - Continued

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Must-know ideas
What should I understand by the end?

- A complete evidence portfolio demonstrates mastery across knowledge, modeling, and analysis tasks.
- Self-reflection on learning gaps is a metacognitive skill valued in healthcare careers.
- Tracker accuracy helps teachers provide targeted support before the WebXam.

My notes, examples, and questions

Process notes
What happens during class?

- 0-10: Retrieve all week's artifacts: diagram, model notes, CER
- 10-25: Self-check each artifact against the rubric checklist
- 25-45: Upload all evidence to the Schoology submission folder
- 45-60: Update progress tracker with completion status for each item
- 60-72: Write reflection: one concept mastered, one to revisit
- 72-80: Peer confirmation: partner checks your tracker and initials

My notes, examples, and questions

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Steps and evidence What do I do and turn in?

- Compile your gland diagram, model notes, and CER.
- Check each artifact against the rubric criteria.
- Upload all evidence to the course submission folder.
- Update your progress tracker with completion status.
- Write one reflection on what you mastered this week.

Evidence: Tracker entry - Completed weekly progress tracker showing submission status for the gland diagram, feedback model notes, and CER, plus a written reflection naming one mastered concept and one to revisit.

My notes, examples, and questions

Checks for understanding How do I know I got it?

- All three artifacts are submitted and tracker is updated.
- Reflection names one concept learned and one to revisit.

My notes, examples, and questions

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Cornell Notes - Continued

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Lab or safety notes
What must I handle carefully?

Supplies:

- Blood-sugar feedback model cards or tokens
- Whiteboard or chart paper
- Colored markers for glucose, insulin, glucagon
- Endocrine gland body diagram
- Lab notebook
- Simple glucose-level tracking sheet

My notes, examples, and questions

Summary

Today's lesson focused on Submit tracker and evidence. The main target was: Students will submit their endocrine evidence and update the progress tracker for the unit. The evidence of learning is Tracker entry: Completed weekly progress tracker showing submission status for the gland diagram, feedback model notes, and CER, plus a written reflection naming one mastered concept and one to revisit.. In my own words, the most important idea from today is:

My summary

My final question or connection