

# Cornell Guided Notes

Human Anatomy & Physiology (Human Body Systems) | 2026-09-30

Name

Period

Date

Lesson

## Lesson focus

Empathy and patient data

## Key words and questions

## Prepared details and student notes

**Essential question**  
**What is today's target?**

Read a patient portal record with empathy and identify the recovery goals it implies. Big idea: Patient-centered care begins with reading clinical records as a human story, not just a list of deficits.

**My notes, examples, and questions**

**Key words**  
**What vocabulary unlocks the lesson?**

- rehabilitation
- empathy
- assistive device
- care plan
- patient portal
- wellness

**My notes, examples, and questions**

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## Cornell Notes - Continued

### Key words and questions

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**Must-know ideas**  
**What should I understand by the end?**

- A patient portal record includes diagnosis, current functional limitations, medications, and patient-stated goals. All four inform a rehab plan.
- Empathic reading means distinguishing what the patient can no longer do from what they want to do again; the goal is restoration of meaningful function.
- Patient rights include informed consent, the right to participate in care decisions, and the right to refuse treatment.

**My notes, examples, and questions**

**Process notes**  
**What happens during class?**

- 0-8: Intro: patient-centered care and reading clinical records with empathy
- 8-20: Read patient-portal record; annotate diagnosis, limits, stated goals
- 20-40: PLTW online task: interpreting patient data
- 40-60: Generate and prioritize three recovery goals from the record
- 60-75: Write empathy notes: what matters most to this patient, and why?
- 75-80: Submit empathy notes and recovery-goal list

**My notes, examples, and questions**

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**Steps and evidence**  
**What do I do and turn in?**

- Read the teacher notes on patient-centered care and reading clinical data with empathy.
- Review the assigned patient-portal record: injury, limits, and stated goals.
- Complete the PLTW online task on interpreting patient data.
- List three recovery goals the data and patient voice suggest.
- Submit your empathy notes and prioritized recovery-goal list.

Evidence: Notebook check - Empathy notes annotating the patient record (diagnosis, limits, goals) plus a prioritized list of three recovery goals grounded in the record.

**My notes, examples, and questions**

**Checks for understanding**  
**How do I know I got it?**

- You can extract recovery goals from a patient record.
- You can describe patient needs with empathy.

**My notes, examples, and questions**

**Lab or safety notes**  
**What must I handle carefully?**

No special lab safety notes today. Follow normal classroom and digital-work expectations.

**My notes, examples, and questions**

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### Summary

Today's lesson focused on Empathy and patient data. The main target was: Read a patient portal record with empathy and identify the recovery goals it implies. The evidence of learning is Notebook check: Empathy notes annotating the patient record (diagnosis, limits, goals) plus a prioritized list of three recovery goals grounded in the record.. In my own words, the most important idea from today is:

**My summary**

**My final question or connection**